

**After school Sports Programs**  
**Free Demo Classes**

**Promote Health & Fitness**  
**Promote Teamwork & Character Building**



**PRESENTING THE PASCO SPORTS ACADEMY**

[www.PASCOSOCCER.com](http://www.PASCOSOCCER.com)

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## About PASCO SPORTS ACADEMY

- PASCO Sports Academy is an afterschool sports enrichment program designed to teach kids the benefits of exercise, teamwork, and character building.
- The parent company of PASCO Sports Academy is PASCO Soccer Academy (PSA) is part of a group of soccer organizations that provides year round services to youth soccer players in Northern New Jersey for the past 15 years.
- PSA offers multiple sports: soccer, baseball, football, basketball, deck hockey, cheerleading, dancing and many more.
- Programs generally run 8 weeks (fall, winter, and spring sessions) at your school. PSA Staff will provide all equipment necessary for each program. Our staff will handle all registrations for the programs.
- Fully insured.
- Fundraising: We will provide a portion of the proceeds back to your school.



## Benefits of Sports

- According to the President's Council on Physical Fitness and Sports, children need 60 minutes of exercise each day
- Children who join sports teams exercise while improving their physical, psychological and social well-being.
- The American Academy of Child and Adolescent Psychiatry reports that behavior learned in childhood influences future adult behavior---youth involvement in sports instills healthy habits and behaviors in children.
- Develop social skills
- Build self esteem and positive behaviors
- Healthy body
- Goal setting
- Develops discipline
- Learn about winning and losing
- Develops teamwork
- Develop and builds motor skills
- IT'S FUN!



## How To Get Started

- Initiate meeting: PSA will provide an overview of our organization and about which programs we can offer your school.
- Free demo: Our staff will come to your school and provide a demo for your students to show them the programs being offered. This would preferably happen during lunch periods.
- Finalize dates, times and programs.
- Send flyers out within the school approximately 6 weeks prior to the start.
- Send follow up flyer approximately 2 weeks prior to the start.
- Course begins!!



## About Our Organizations in North Jersey

- Metropolitan Soccer Academy
  - Provides team training for recreation and travel teams
  - Private and small group lessons
  - Rec clinics and camps
  - Specialized camps: Striker, Skills, Goalkeeper
  - Kiddie Kicks: introductory to soccer for ages 3-5
  - Team and town camps
- PASCO Sports Academy
  - After schools sports enrichment company
  - Promotes health and fitness
  - Offers multiple sports classes at your school
  - Fundraising for your school
- PASCO Soccer Club
  - Non profit youth soccer organization providing travel soccer teams to North Jersey for over 15 years.
  - Camps and clinics
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Metropolitan Soccer Academy

Pasco Soccer Club

David Vivino

Michael Vivino

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